



eMbrace

Financial wellbeing

Financial wellbeing is about having enough money to do the things you need and want to do. People who make a lot of money can still feel financially insecure, and those who make less can feel great about their finances. It all depends on your values and goals.

Unfortunately, Gallup® studies have shown that 75% of adults frequently worry about money, and almost 50% of Americans live paycheck to paycheck. We can all do something to improve our financial wellbeing.

Achieve your financial goals

Avoid financial pitfalls and achieve your goals by taking advantage of the financial wellbeing resources available to you through your program. You can learn a variety of financial management skills, such as budgeting and spending, understanding your credit, buying a home, growing a family, or planning for retirement.

Research topics

Discover premium financial content including articles, video courses and monthly webinars on improving credit, reducing debt, managing student loans, increasing wealth, planning your estate, and more.

Connect with a Money Coach

Get confidential, unbiased guidance in 30-minute telephone calls with a Money Coach. You get 3 sessions per topic, per year. Money Coaches have professional experience and certifications, and they don't sell products.

Sources: Gallup® Wellbeing at Work, CDC.gov

For more information, please visit Member.MagellanHealthcare.com or call 1-800-523-5668 (TTY 711).